



Massage Therapy is Recommended for:

Relief of chronic stress / tension

Relaxation

Relief of pain / spasm

Headache / migraine

Jaw pain

Neck pain / whiplash

Back pain

Sciatica / neuralgia

Osteoarthritis / rheumatoid Arthritis

Fibromyalgia

Repetitive strain injuries (RSI)

Carpal tunnel syndrome

Thoracic outlet syndrome

Sprains / strains / athletic injuries

Tendonitis / bursitis

Pregnancy discomforts

Post-partum

Chronic fatigue

Improved joint mobility

Postural disorders / scoliosis

Lymphatic drainage

Improved circulation

Digestive complaints

Constipation

Muscle rehabilitation

Prevention / lessening of fibrosis

Pre / post-surgical care

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