



Massage Therapy "THE PROCESS"

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*** Massage therapy**

Melts away stress and tension, relieving associated headaches and muscular aches & pains.

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*** Massage therapy**

Aids in the healing process from injury or over-use, and is an excellent form of preventive health care.

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*** Massage therapy**

Is the assessment and treatment of the soft tissues and joints of the body by hands-on manipulation. Its purpose is to develop, maintain, rehabilitate or augment physical function and relieve pain.

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Massage Web Page!