

Ear Candling FAQ

1) What is Ear Candling?

Ear Candling is a natural way to clean out accumulated wax and white, flaky fungus from the ears. The accumulations withdrawn from your ears may be many months or even years old. Ear Candles are custom designed from natural fibers and tapered to precise specifications.

2) Does Ear Candling hurt?

Absolutely not! It is a painless, harmless and totally relaxing experience. If it weren't for the intermittent crackling and hissing sounds -- due to the burning of the wax and fungus being drawn up the chimney of the candle -- you would never know that anything was happening in your ear.

3) How long does an Ear Candling session last?

About forty-five (45) minutes per session, however, you should allow one (1) hour for your appointment.

4) How often should I have Ear Candling done?

Initially, most people need just 2 or 3 candling sessions to get their ears clean... However, some people, may need up to eight (8) sessions over a six month period. Once your ears are clean, personal preference should determine how often you have your ears candled. Every three to six months would be practical

5) Who can benefit from Ear Candling?

Ear candling can benefit almost everyone, from infants to adults. Musicians can benefit - especially singers and horn blowers - who often have a lot more wax build up than other people. People who wear hearing aids can benefit. Also, those people who have had previous ear injuries, can benefit from ear candling as they tend to have a greater build up of wax and fungus.

6) Who should not have Ear Candling?

Ear Candling should not be done to people who have ear tubes, perforated ear drums, or artificial ear drums

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