

## How Did we Start "Eating Clay"?

The white, mineral deposit that came to be known as REDMOND CLAY was here as a white outcropping on the farm property my grandfather purchased in the early 1930's. A few people had been using it medicinally even before we owned it. One fellow, Joe Blix, used it so much treating animals that it was called Blix's Mud and he was called Dr. Blix, although he had no training in medical practices at all.

Our family used it externally for medicinal applications for bee stings and infections. My father says when he was a small boy, he had an infection in his hand with a red streak going up his arm to his armpit. My grandparents packed the wound in a poultice made of the clay and overnight the red streak was drawn out. However in those days, no one ever considered using the clay internally.

In 1974 a book entitled OUR EARTH, OUR CURE was translated from the French into English. Written by Raymond Dextreit, a French homeopath, it told of the wonderful healing properties of the clay. He said the right kind of clay would bring the body into balance. He said the right kind of clay was a 'living' substance because of how it would respond to the organism. He made such miraculous claims for natural clay that we laughed and laughed. It was too much like 'snake oil' to believe.

But the health food stores carrying the French clay that Mr. Dextreit was recommending asked if our clay would do what the French clay would do. We told them we didn't know. They wanted to buy some and try it, so we selected a white vein in our deposit, and pulverized it to the consistency of a fine powder.

We had it analyzed to make sure it was not going to harm anyone and we checked with the FDA for their opinion. We found it contained nothing harmful and that by FDA standards, since it was basically a bentonite clay, it was considered G.R.A.S. (generally recognized as safe). We were told we could sell it as long as we made no medical claims. So we began to sell it under the name REDMOND CLAY.

Over the next few months we encountered medical conditions which traditional medicine couldn't fix, in desperation we tried our Redmond Clay. In every case it worked just like Mr. Dextreit had said it would. Over the past 30 years, we have used it for diarrhea, constipation, heartburn, stomachache, acid indigestion, hiatal hernia, acid reflux, diverticulitis, colitis, roto-virus, and h-pylori bacteria. We have used it externally for cuts, bruises, insect bites, bee stings, boils, infections, rashes, eczema, arthritis, acne, and burns just to name a few of the things it has helped.

Because it has worked so well for so many things, it is now generally what we use first for relief rather than after traditional medicine has failed. Consequently we keep it mixed up ready to use; we keep it in the kitchen cupboard, the bathroom cupboard, the trunk of the car, under the seat in the truck, and in the first aid kit.

Though we have seen it do many amazing things, we do not feel we have used it to its maximum capacity. Just as the computer on my desk is capable of doing more than I actually use it for, according to Mr. Dextreit, the clay could do much more for us. It doesn't benefit us more because

**we have not chosen to use it more, but for what we have used it for, we have been totally impressed and grateful. It is not a cure-all, and there have been a few times when people have said it hasn't helped. But of this we can assure you: In 30 years of using it, we have never seen anyone have an allergic reaction and we have never seen anyone who was worse off from using the clay.**

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